

WEEKLY MENU

TUESDAY 02/12/25

STARTERS TO CHOOSE FROM:

Stew lentils with Duroc pork's ribs
Fresh marinated sardines' salad
Spaghetti Putanesca

El Racó-style potato salad with cold cured sausage *Fuet*
Courgette cream with parmesan cloud

MAIN COURSES TO CHOOSE FROM:

Chicken curry stew with diced apple
Galician-style squid leg
Beef liver with tomato and onion
Grilled jumbo sausage and black pudding with beans
Vegetarian spinach burger with a garnish

DESSERTS TO CHOOSE FROM:

Crepe with Nutella
Fresh seasonal fruit: Mandarines
Strawberries with cream
Catalan crème brûlée
Natural yoghurt from Cal Manyà
Ice-cream (only in the premises)

WEDNESDAY 03/12/25

STARTERS TO CHOOSE FROM:

Broth with stewed meat and vegetables and pasta
Goat's cheese salad and mustard
Gratin vegetable moussaka
El Racó-style potato salad with nachos and guacamole
Grilled pumpkin soup with chips

MAIN COURSES TO CHOOSE FROM:

Slow-cooked cheeks with sweet potato
Tuna marmitako
Oven-baked chicken cutlet with onions
Grilled steak with thinned cuts fries
Vegetarian nuggets with BBQ dip

DESSERTS TO CHOOSE FROM:

Crepe with Nutella
Fresh seasonal fruit: Mandarines
Strawberries with cream
Catalan crème brûlée
Natural yoghurt from Cal Manyà
Ice-cream (only in the premises)

TURSDAY 04/12/25

STARTERS TO CHOOSE FROM:

Gratin roast meat cannelloni with béchamel
Pineapple carpaccio salad with ham
Potatoes with fried egg
El Racó-style potato salad with steamed langoustine
Cauliflower cream with vegetables chips

MAIN COURSES TO CHOOSE FROM:

Brothy rice with cuttlefish, mussels and crayfish
Cod with chickpeas
Chicken wings with BBQ dip
Grilled steak with thinned cuts fries
Vegetarian spinach burger with a garnish

DESSERTS TO CHOOSE FROM:

Crepe with Nutella
Fresh seasonal fruit: Mandarines
Strawberries with cream
Catalan crème brûlée
Natural yoghurt from Cal Manyà
Ice-cream (only in the premises)

FRIDAY 05/12/25

STARTERS TO CHOOSE FROM:

Fush soup with garlic bread and rice
Cold grilled vegetables on a toast with goat's cheese
Chicken yakisoba with vegetables
El Racó-style potato salad with salmon
Vegetable cream

MAIN COURSES TO CHOOSE FROM:

La Cigonya fish noddle casserole with cuttlefish, mussels, crayfish and alioli
Fresh fish from the market with a garnish
Grilled 100% beef burger with BBQ dip
Grilled jumbo sausage and black pudding with beans
Vegetarian nuggets with BBQ dip

DESSERTS TO CHOOSE FROM:

Crepe with Nutella
Fresh seasonal fruit: Mandarines
Strawberries with cream
Catalan crème brûlée
Natural yoghurt from Cal Manyà
Ice-cream (only in the premises)

WEEKEND, 6th and 7th December 2025

STARTERS TO CHOOSEFROM:

Monkfish soup with garlic bread and rice
Salmon salad with capers and parmesan cloud
El Penedès duck raviolis with Ceps sauce
Squid ink croquettes with potatoes
Vegetarian vegetable lasagne with béchamel

MAIN COURSES TO CHOOSE FROM:

Grilled 12-day matured beef entrecote from Girona
Brothy rice with cuttlefish, lobster, langoustine and mussels
Oven-baked Sea bass with garlic vinaigrette and vegetables
Duroc's cheek mashed with *Ratafia* sauce and prunes
Vegetarian meatballs with *Samfaina*

DESSERTS TO CHOOSE FROM:

Mató mousse with honey from Castell de Penyaforat
Catalan crème brûlée with puffed biscuits and *Catànies*
Strawberries with cream
Chocolate with ice-cream