

## WEEKLY MENU TO ENJOY AT HOME

**TUESDAY 01/07/25**

**STARTERS TO CHOOSE FROM:**

Fish soup with rice and garlic bread  
Tomato salad with mussels and crispy onion  
Spaghetti with vegetables and soy sauce  
El Racó-style potato salad with anchovy and olive  
Tomato soup with pesto oil

**MAIN COURSE TO CHOOSE FROM:**

Chicken leg with cava sauce and mushrooms  
Hake cooked at the Menorcan-style with potato purée  
Grilled pork loin or with green pepper sauce  
Grilled jumbo sausage and black pudding with beans  
Vegetarian spinach burger with garnish

**DESSERT TO CHOOSE FROM:**

Crème caramel with whipped cream  
Peach from L'Ordal peeled and pitted  
Caramelized Catalan crème brûlée  
Orchata "cubanito" with ice-cream  
Natural yoghurt from Cal Manyà  
Ice-cream of the day (only 1 premises)

**WEDNESDAY 02/07/25**

**STARTERS TO CHOOSE FROM:**

Gratin Traditional macaroni with Bolognese sauce and cheese  
Pineapple carpaccio with cured ham  
Mussels from El Delta with pesto  
El Racó-style potato salad with "Fuet" Catalan cured sausage  
Tomato soup with olive tapenade oil

**MAIN COURSE TO CHOOSE FROM:**

Spicy tripe stew with chickpeas  
Oven-baked sole with orange sauce  
100% beef burger with spicy "brava" dip  
Grilled sausages on a bed of caramelized onion  
Vegetarian nuggets with BBQ dip

**DESSERT TO CHOOSE FROM:**

Crème caramel with whipped cream  
Peach from L'Ordal peeled and pitted  
Caramelized Catalan crème brûlée  
Orchata "cubanito" with ice-cream  
Natural yoghurt from Cal Manyà  
Ice-cream of the day (only 1 premises)

**THURSDAY 03/07/25**

**STARTERS TO CHOOSE FROM:**

Gratin traditional roast meat cannelloni with béchamel  
Beef carpaccio with Parmesan and rocket salad  
Spinach omelette with tomato bread and salad  
Ham roll stuffed with El Racó-style potato salad  
Homemade gazpacho with pickles

**MAIN COURSE TO CHOOSE FROM:**

Brothy rice with cuttlefish, mussels and lobster  
Cod with pesto and concassé tomato  
Grilled rabbit with gratin potatoes  
Grilled jumbo sausage and black pudding with beans  
Vegetarian spinach burger with garnish

**DESSERT TO CHOOSE FROM:**

Crème caramel with whipped cream  
Peach from L'Ordal peeled and pitted  
Caramelized Catalan crème brûlée  
Orchata "cubanito" with ice-cream  
Natural yoghurt from Cal Manyà  
Ice-cream of the day (only 1 premises)

**FRIDAY 04/07/25**

**STARTERS TO CHOOSE FROM:**

La Cigonya fish noddle casserole with cuttlefish and black garlic alioli  
Salmon salad with goat's cheese foam  
Mashed potato with fried egg and crispy bacon chips  
El Racó-style potato salad with roasted meat croquette  
Homemade gazpacho with pickles

**MAIN COURSE TO CHOOSE FROM:**

Stewed meatballs with vegetables  
Fresh fish from the market with garnish  
Grilled pig's trotters with beans  
Grilled beef steak with roasted potato and Padron peppers  
Vegetarian spinach burger with garnish

**DESSERT TO CHOOSE FROM:**

Crème caramel with whipped cream  
Peach from L'Ordal peeled and pitted  
Caramelized Catalan crème brûlée  
Orchata "cubanito" with ice-cream  
Natural yoghurt from Cal Manyà  
Ice-cream of the day (only 1 premises)

**WEEKEND, 5<sup>th</sup> and 6<sup>th</sup> July 2025**

**STARTERS TO CHOOSE FROM:**

Cold mini seafood platter with citrus mayonnaise  
Traditional cod salad with tomato vinaigrette  
Roast meat cannelloni with béchamel  
Peach from L'Ordal "Salmorejo" with egg and Iberic ham  
Vegetarian lasagne with béchamel

**MAIN COURSE TO CHOOSE FROM:**

Grilled 12-days aged beef entrecote from Girona  
Brothy rice with cuttlefish, crayfish, prawns and mussels  
Salmon supreme with Orange sauce  
Stewed meatballs with prawns  
Vegetarian cutlet with caramelized onion and goats cheese

**DESSERT TO CHOOSE FROM:**

Crème caramel with whipped cream  
Peach from L'Ordal with sweet wine  
Catalan crème brûlée with almond biscuits  
Chocolate lava cake with ice cream