# **WEEKLY MENU**

Cigonya T

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#### TUESDAY 23/04/24

### **STARTERS TO CHOOSE:**

Saint Jordi pie (cold grilled vegetables and goat's cheese)

Noddle casserole with ribs and sausages (L)

Raw cold stringed with tomato vinagrette (C,L)

Truffle homemade spring salad with bread croutons (L)

Leek and potato vichyssoise with chips (V,L)

## **MAIN COURSE TO CHOOSE:**

Saint Jordi Pan fried meat (apple and brie) (L,C) Chicken wings with BBQ dip (L) Grilled tuna with onion and tomato (L,C) BBQ steak with roasted potato (L,C) Vegetarian spinach burger with a garnish (V)

### **DESSERT TO CHOOSE:**

Sant Jordi's cake (custard cream, fruit and pine nuts)
Creamy yoghurt with museli (v)
Apple sponge cake with caramel foam(v)
Seasonal fresh fruit: Melon and watermelon (v,C)
Yoghurt from Cal Manyà (v,C)
Today's ice-cream(v)

## **WEDNESDAY 24/04/24**

### **STARTERS TO CHOOSE:**

Onion soup with egg at low temperature

Lentils with lettuce hearts(c)

Meat cannelloni with ceps béchamel

Homemade spring salad, marinated tuna dices and seaweed (L)

Gratin stuffed aubergine with "samfaina" (V,L)

#### **MAIN COURSE TO CHOOSE:**

Traditional frikadelles (L)
Fresh fish from Vilanova
Marinated chicken with sautéed rice (L,C)
BBQ jumbo sausage and black pudding with beans (L,C)
Vegetarian spinach burger with a garnish (V)

#### **DESSERT TO CHOOSE:**

Creamy yoghurt with muesli (v)
Apple sponge cake with caramel foam(v)
Seasonal fresh fruit :Melon and watermelon (v,C,L)
Crème brulée (v,C)
Yoghurt from Cal Manyà (v,C)
Today's ice-cream(v)

### THURSDAY 25/04/24

#### **STARTERS TO CHOOSE:**

Soupy rice With ceps, artichokes and squid (C,L)
Chicory salad with roquefort and walnuts (C)
Truffle potato, egg and leek's chips (L)
Homemade spring salad with garlic prawns and bread (L)
Peas cream with mozzarellla pearls (C,V)

## **MAIN COURSE TO CHOOSE:**

Stew beef with mushrooms (L)
Gratin cod with alioli and a spinach bed (C)
Pork ribs with green pepper sauce
BBQ steak with spiced potatoes (L,C)
Vegetarian nuggets with BBQ dip (V)

## **DESSERT TO CHOOSE:**

Creamy yoghurt with muesli (v)
Apple sponge cake with caramel foam(v)
Seasonal fresh fruit :Melon and watermelon (v,C,L)
Crème brulée (v,C)
Yoghurt from Cal Manyà (v,C)
Today´s ice-cream(v)

## FRIDAY 26/04/24

#### **STARTERS TO CHOOSE:**

La Cigonya fish noddle casserole, crayfish and alioli (L)
Garlic eels salad with confit cherries (C,L)
Mashed potatoes and cabbage with bacon
Homemade spring salad with meat croquettes
Gratin crostini with vegetables with mushrooms (V)

## **MAIN COURSE TO CHOOSE:**

Boiled meat from La Boqueria with beans (L,C)
Fresh fish from Vilanova
Chicken leg with cava and grapes (C)
BBQ steak with roasted potatoes (L,C)
Vegetarian nuggets with BBQ dip(V)

### **DESSERT TO CHOOSE:**

Creamy yoghurt with muesli (v)
Apple sponge cake with caramel foam(v)
Seasonal fresh fruit :Melon and watermelon (v,C,L)
Crème brulée (v,C)
Yoghurt from Cal Manyà (v,C)
Today´s ice-cream(v)

(V) Vegetarian dishes		Dishes for Coeliac intol	lerance (L) Lactose-free dishes
14,50€	Marinera Paella (C,L)	9,50€	Crunchy goat's cheese salad with a mustard vinaigrette
13,00€	La Cigonya fish noddle casserole with alioli (L)	6,75 €	Homemade spring salad with tuna(L)
19,00€	Soupy rice with lobster(C,L)	7,50€	Meat cannelloni from the grandmother
14,50€	La Cigonya black rice (C,L)	7,75 €	Traditional macaroni and chicken strings (Kids dish)
9,50€	Steamed mussels and clams (C,L)	16,50€	Galician style octopus, parmentier and La Vera pepper (C,L)
6,00€	Patatoes with "Brava" dip (L)	18,75 €	BBQ octopus' leg, parmentier and pepper oil
16,50€	Homemade duck Foie micuit with crunchy bre	ead (L) 8,50 €	Jumbo sausage from La Llacuna with thinned fries (L)
17,50€	Ham and cured sheep's cheese	17,85€	BBQ Beef entrecote with cold grilled vegetables (C,L)

#### Welcome apperitive

#### STARTERS TO CHOOSE:

Fresh shell fish platter with citrus mayonaise (small platter) (C,L)

Meat cannelloni with St. Geroge's mushroom's béchamel

Duck textures salad with strawberries and sweet corn vinagrette (L)

Tomato soup with tuna tartare and guacamole (C,L)

Vegetable lasagne with its béchamel (V)

### MAIN COURSE TO CHOOSE:

Soupy rice with cuttlefish, lobster dices, langoustine, and mussels(C,L)

12 days matured beef entrecote from Girona cooked in the BBQ (L)

Oven baked sea bass with garlic vinagrette (L,C)

Ox tail bonbon with parmentier and Ratafia sauce(C)

Vegetarian meatballs with Samfaina (V)

#### **DESSERT TO CHOOSE:**

Mató mousse with walnuts (V,C)
Strawberry mojito (V,C,L)
Chocolate bomb cake with ice-cream (V)
Pork ring's cake with cream (V)

\*We have vegan and vegetarian dishes\*

Homemade bread from R. Esplugas, water and El Penedès cellar

V – Vegetarian dishes C – Coeliac dishes L – Lactose-free dishes

## **KITCHEN HOURS:**

MIDDAY: TUESDAY to SUNDAY From 12:45h to 15:45h.

EVENING/NIGHT: FRIDAY & SATURDAY From 20:00h to 23:30h.

If you have an allergy or are intolerant to any of the products above, do not hesitate on asking to our staff. For example, the homemade spring salad has bread crusts, the garnish could be fried and the creams could have lactose. Please ask us.